

TOUR OF WA

Avon Valley



GUIDEBOOK 2022




ridewa
UNITED TRIBES OF CYCLING

TOUR OF WA

Avon Valley

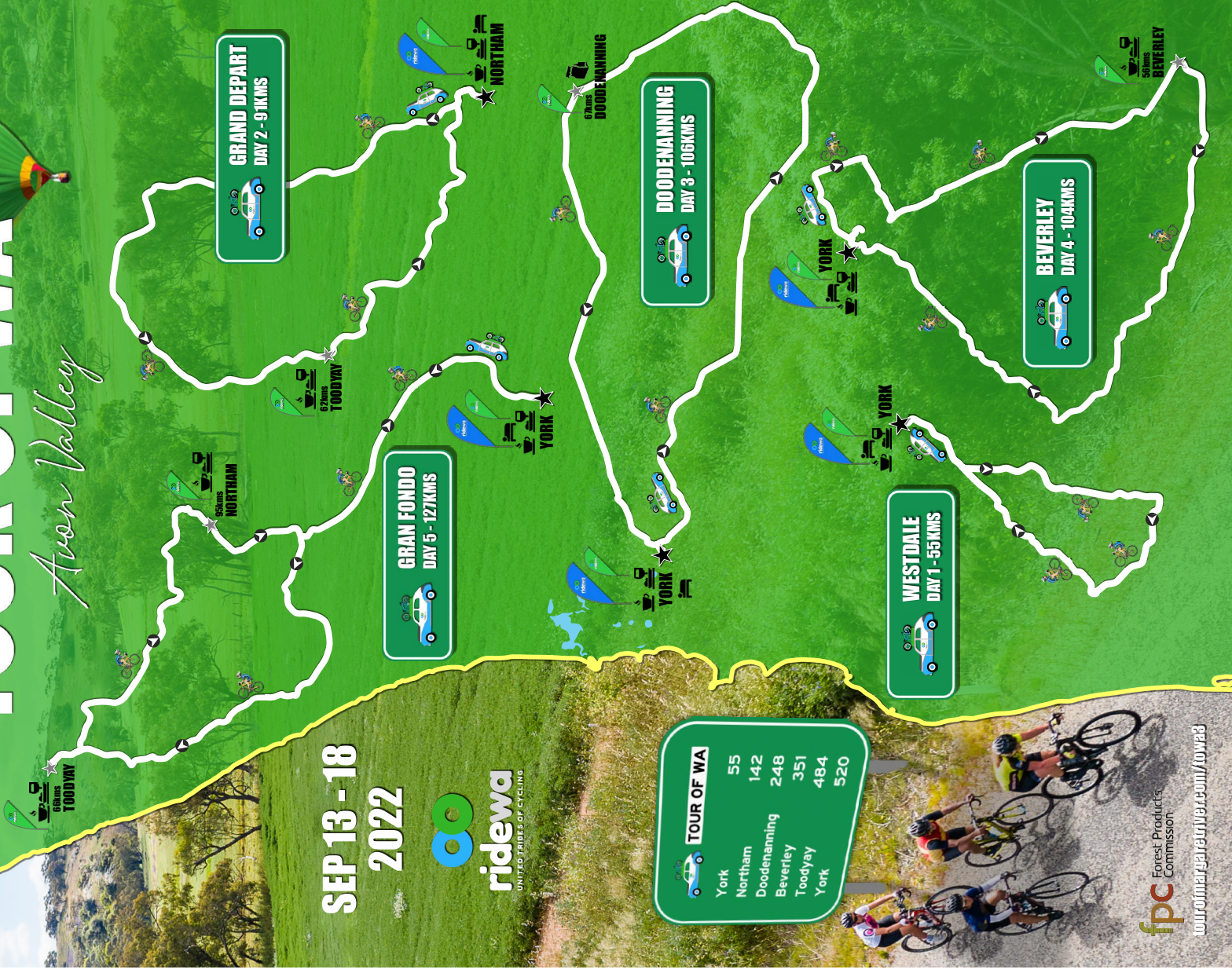
SEP 13 - 18
2022



TOUR OF WA	
York	55
Northam	142
Doodenanning	248
Beverley	351
Toodyay	484
York	520



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Welcome to the 2022 Tour of Western Australia: Avon Valley!

We are delighted to bring you our third edition of the Tour of WA. The Avon Valley Region is positively bursting with resplendent colours right now. The canola fields and the wildflowers are the best we have seen in years. And we have chosen some really special routes that take you through some of the Wheatbelt's most historic and scenic townships, farmlands and forests.

All the best for a great tour.
Your TOWA Avon Valley Team



What to bring

- Your bike, with front and rear lights, tyre levers, a pump (or CO2 cartridges), spare tubes, spare tyres, and two water bottles.
- Front and rear bike lights are particularly important if you intend to be commuting around town after twilight.
- A bike lock. Each rider is responsible for the security of their own bike for the duration of the tour.
- Your cycling kit, personal clothing and toiletry items for 5 days of riding and casual socialising.
- All necessary chargers for bike computers and mobile phones.
- Laundry powder or liquid. Laundry facilities will be available in most accommodation venues, but you may find it easier to wash your cycling kit in the shower.

Mechanical support

- We have several mechanically-handly Ride WA crew members in our TOWA support team and riding with you on the road. We will also have some essential spare parts on hand. If you have a mechanical issue, we should be able to get you back on the road.

Insurance/Safety

- All riders must hold a membership with [AusCycling](#) to participate in TOWA. Riders who do not currently have an AusCycling membership can sign up for the 4 Week Free Trial just before the Tour starts, or purchase a Lifestyle membership and be covered for the year. Proof of purchase of this membership must be shown at registration on Tuesday September 13th. No membership, no ride.
- Add the RideWA Incident Manager's mobile number to your phone contacts and call it if you or another rider are in need of medical or mechanical assistance (number will be provided to you at registration).
- Download the [Emergency+ app](#) to your phone. In the case of a serious accident where an ambulance is definitely needed, you can use this app to dial 000, and it will send your GPS coordinates to the 000 operator.

On the road

- It is the responsibility of each rider to transport themselves to the start town and start line on time each day. All York starts will be from The Settlers House off Howick Street. The Northam start on Day 2 will be from the Dome Farmers Home Hotel off Minson Aveue. Please arrive 15 minutes before the start time for your daily ride briefing.
- Each day's course will be marked and a lead vehicle will guide the front of the peloton. However, it is the responsibility of each rider to know the course prior to starting each day. Maps are on the following pages and the GPX files and maps can be downloaded from tourofmarginaretriver.com/towa3/.
- Each day we will start as one big group as we ride out of town. During the first 10 kilometres, we will break into ride groups according to most comfortable speed. Groups will be no more than 20 riders.
- You will be able to move between groups if the speed of your initial group is not suitable. By the end of Day 2 we would hope to have everyone settled into the best group for them.
- TOWA support vehicles will travel behind the groups to protect riders from behind. Our moto-scouts will move up and down the line to keep an eye on everyone. We will also have a mobile controlled escort, with front and rear vehicles alerting all road traffic of the TOWA peloton.
- Be aware that all roads ridden in the tour will remain open to normal traffic, and all normal traffic rules will apply. Please ride two abreast unless overtaking other riders, and give way to traffic at intersections.
- Please make every effort to keep your group together on the road. Riders strung out along the road lessens the value of the following support vehicles and impacts on the overall safety of the tour.
- Each day we have an official stop at our 'halfway town'. All riders must stop in this town and regroup at the designated time and location for the restart (listen at the rider briefing for the restart time and location). Riders who decide to ride straight through without stopping will no longer be considered to be in the TOWA peloton.
- Please listen to and adhere to any directions given by our support crew. They are there to keep you safe, and there are some specific instructions they must issue out on the road, so please pay attention.
- Riders are expected to maintain a minimum average speed of 20kmh. Riders falling below this average speed may be asked to take a fast forward in the SAG Vehicle to help ensure the safety of the overall group by ensuring that escort vehicles are "cocooning" all riders.
- If you leave the course during the day for any reason, please ensure you advise your support driver or the Incident Manager.

DAY 1: WESTDALE PROLOGUE

York - Westdale - York

TUESDAY SEPT 13 - START 11AM

55km - 635vm

- ☆ START/FINISH
- ON COURSE STOP
- 💧 HYDRATION
- 🚻 TOILETS
- 🏠 CAFE/SHOP



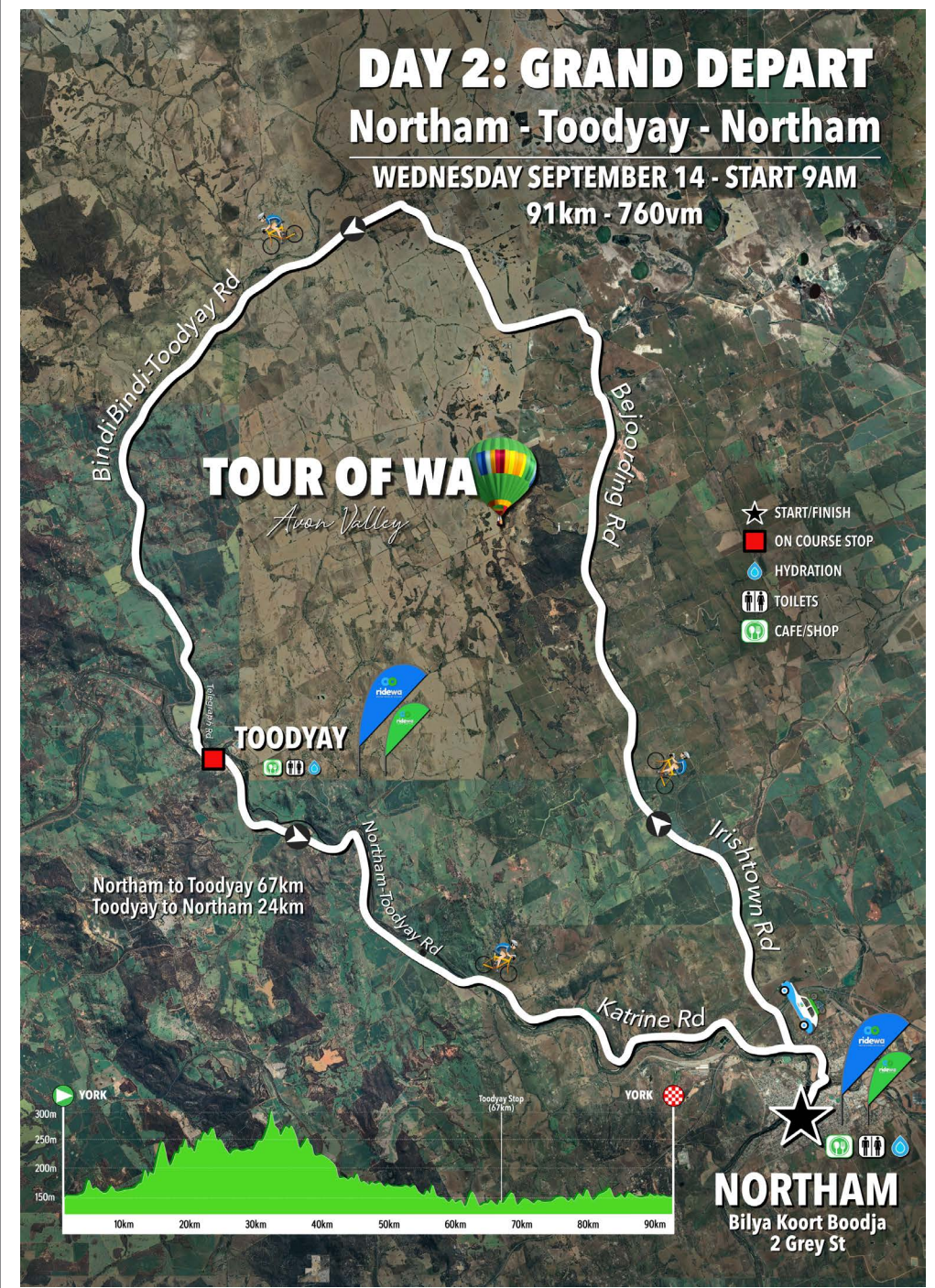
DAY 2: GRAND DEPART

Northam - Toodyay - Northam

WEDNESDAY SEPTEMBER 14 - START 9AM

91km - 760vm

- ☆ START/FINISH
- ON COURSE STOP
- 💧 HYDRATION
- 🚻 TOILETS
- 🏠 CAFE/SHOP



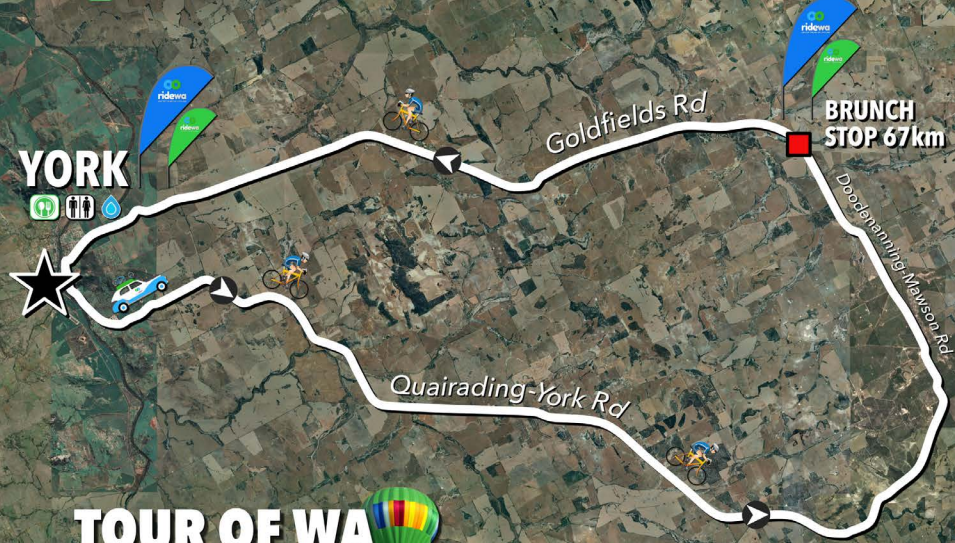
DAY 3: DOODENANNING

York - Doodenanning - York

THURSDAY SEPTEMBER 15 - START 9AM

106km - 600vm

- ☆ START/FINISH
- ON COURSE STOP
- 💧 HYDRATION
- 🚻 TOILETS
- 🏠 CAFE/SHOP



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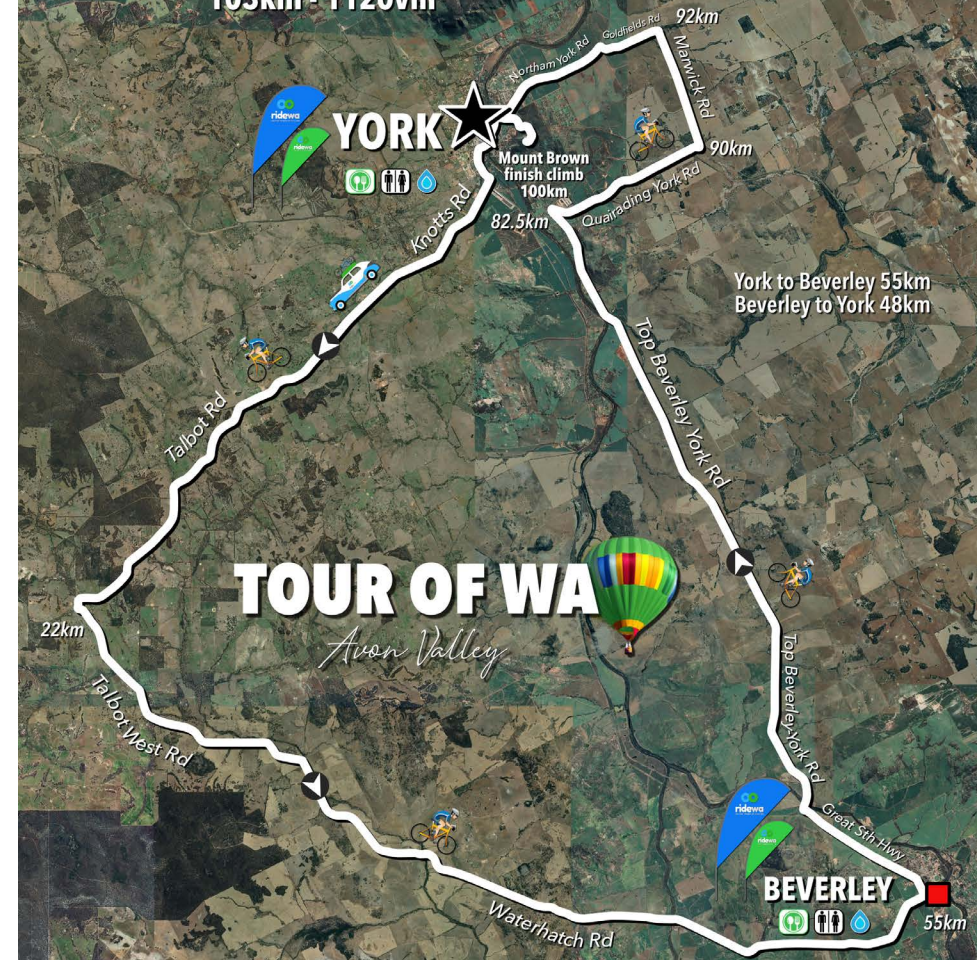


DAY 4: BEVERLEY

York - Beverley - York

FRIDAY SEPTEMBER 16 - START 9AM

103km - 1120vm



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DAY 5: AVON VALLEY GRAN FONDO

York - Northam - York

SATURDAY SEPTEMBER 17 - START 9AM

127km - 710vm



Detailed Event Schedule

TIMES	DETAILS	LOCATION		
Tues Sep 13	Day 1 WESTDALE PROLOGUE	York - Westdale - York	55km	635m Ascent
9:00am-10:55am	Rider registration	Settlers House, York		
10:55am	Rider briefing	Settlers House, York		
11:00am	Ride launches	Settlers House, York		
1:00pm	Ride groups arrive back in York	Settlers House, York		
2:00pm	Fun awards ceremony and prize giving	Settlers House, York		
Wed Sep 14	Day 2 GRAND DEPART	Northam - Toodyay - Northam	91km	800m Ascent
7:45am	Rider sign-in and briefing	Bilya Koort Boodja Centre, Northam		
8:00am - 8:30am	Welcome To Country	Bilya Koort Boodja Centre, Northam		
8:30am	Ride launches	Bilya Koort Boodja Centre, Northam		
11:00am-11:45am	Ride groups arriving in Toodyay for lunch (62km mark)	Toodyay Cafes		
12:30pm	Ride groups leave Toodyay to return to Northam (29km route)	Duidgee Park, Toodyay		
1:45pm-2:15pm	Ride groups arrive back in Northam	Dome Café, Northam		
2:30pm	Fun awards ceremony and prize giving	Dome Café, Northam		
5:00pm-6:00pm	Sunset Yoga & Meditation by the Avon River	Avon Park, Lowe Street, York		
Thur Sep 15	Day 3 DOODENANNING	York - Doodenanning - York	106km	650m Ascent
8:15am	Rider sign-in and briefing	Settlers House, York		
8:30am	Ride launches	Settlers House, York		
11:00am-11:45am	Ride groups arriving in Doodenanning for packed brunch (67km mark)	Doodenanning Picnic Stop		
12:30pm	Ride groups leave Doodenanning to return to York (39km route)	Doodenanning Picnic Stop		
2:00pm-2:30pm	Ride groups arrive back in York	Settlers House, York		
2:45pm	Fun awards ceremony and prize giving	Settlers House, York		
5:00pm-6:00pm	Sunset Yoga & Meditation by the Avon River	Avon Park, Lowe Street, York		
Fri Sep 16	Day 4 TALBOT	York - Beverley - York	103km	1350m Ascent
8:15am	Rider sign-in and briefing	Settlers House, York		
8:30am	Ride launches	Settlers House, York		
10:30am-11:00am	Ride groups arriving at Beverley for brunch (56km mark)	Beverley Visitor Centre		
12:00pm	Ride groups leave Beverley to return to York (57km route)	Beverley Visitor Centre		
2:30pm-3:15pm	Ride groups arrive back in York	Settlers House, York		
3:30pm	Fun awards ceremony and prize giving	Settlers House, York		
7:00pm	Quiz night and dinner	Settlers House, York		
Sat Sep 17	Day 5 AVON VALLEY GRAN FONDO	York - Toodyay - Northam - York	133km	1200m Ascent
8:15am	Rider sign-in and briefing	Settlers House, York		
8:30am	Ride launches	Settlers House, York		
10:45am-11:30pm	Ride groups arriving in Toodyay for lunch (66km mark)	Toodyay Cafes		
12:00pm-12:30pm	Ride groups leave Toodyay to ride to Northam (29km route)	Duidgee Park, Toodyay		
1:00pm-1:30pm	Ride groups arrive in Northam for 'pit stop'	Dome Café, Northam		
1:30pm-2:00pm	Ride groups leave Northam to return to York (38km route)	Dome Café, Northam		
3:00pm-3:45pm	Ride groups arrive back in York	Settlers House, York		
6:30pm	Fun awards ceremony and prize giving	Settlers House, York		
7:00pm onwards	End of Tour Karaoke Party	Settlers House, York		
Sun Sep 18	Day 6 RECOVERY RIDE WITH CREW	Mystery Route	30-40km	
10:00am	Meet TOWA crew at Bellissimo Café for a recovery ride	Bellissimo Café, York		
12:00pm	Final Farewell	Bellissimo Café, York		

Key contacts during the week

Event Producer

Ali Milne
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Ride Leader

Brendon Morrison
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Website

tourofmarginriver.com/towa3/

Event Coordinator

Georgina Webb
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Lead Motoscout

Mike Thorman
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Facebook & Instagram

@tourofwa

Our thanks to

- All the riders, families and friends who joined us on this excellent adventure.
- The shires and communities of York, Northam, Toodyay, Beverley, and Quairading for all your support.
- The Settlers House York, for providing us with a welcoming tour base.
- The Bilya Koort Boodja Centre in Northam, for the Welcome to Country.
- Our sponsors, Forest Products Commission, Giant Mandurah, Farmers' Home Hotel and Dome Cafe Northam for supporting all things cycling.
- Teresa Lee for the sunset riverside yoga.
- Mayeur Cycling for the special edition TOWA jersey.
- Botanicalia Cafe in York for the water and coffee vouchers.
- Our hard-working, passionate and loyal Ride WA crew members and ride guides. As always, without you, none of it is possible.

